



Gummies

Ingredients:

- 2 tbsp. water
- 1 tbsp. gelatin
- Flavoring of your choice:
Gerber Diet Fruit Drink Mixes, Strongly Brewed Tea, Stevia Sweetened Strongly Brewed Coffee ...etc.

Directions:

1. In a small bowl, combine all ingredients.
2. Let set for a few minutes, and then add 2 tbsp. of almost boiling water to the mix to dissolve.
3. Using a dropper, fill your gummy molds with your mix.
4. Refrigerate until set.