



## Veggie Tots

### Ingredients:

- ½ cup packed grated zucchini
- ¼ cup grated cauliflower
- 1 egg
- 1 teaspoon garlic powder
- 1/3 cup Gerber Diet Ranch Chips, Crushed
- ¼ teaspoon salt and pepper

### Instructions:

1. Preheat oven to 400 degrees F.
2. Grate zucchini; add salt and let sit for 20 minutes to draw out the moisture. Use a dish towel to wring out water if necessary.
3. Add everything to a bowl and mix well to combine.
4. Take 1 Tbsp. of the mixture and roll into a tot shape. Transferring to a baking sheet lined with foil or parchment.
5. Repeat!
6. Bake for 15-20 minutes, or until firm and golden brown.